



IPCA Gujarat Members Explore the Serenity of Bhutan

5th - 12th April 2025

A Journey of Joy and Togetherness:

IPCA Members Explore the Serenity of Bhutan

– A Memorable Trip from 5th to 12th April 2025

In the heart of spring, from the 5th to 12th of April 2025, a group of 32 vibrant members of IPCA embarked on an unforgettable journey that blended nature, culture, and camaraderie. The destination? The serene and spiritually rich kingdom of **Bhutan**—a land where happiness is a way of life.

A Warm Welcome and a Promising Start

The adventure began at **Bagdogra Airport**, where the group was warmly received by a local guide. With a traditional Bhutanese gesture of hospitality, the guide welcomed each member with a scarf, gently draping it around their shoulders. This simple yet heartfelt act set the tone for a trip that was going to be filled with warmth and grace.

Celebration in Paro – A Night to Remember

From Bagdogra, the group headed to the picturesque town of **Paro**. Here, a special evening awaited them as they came together to celebrate the birthday of IPCA's visionary Founder Chairman, ***Mr. Dipak Shah**.

The event was nothing short of magical—with traditional **Garba dance**, joyful music, and a festive feast under the starry Bhutanese sky.

Laughter, dance, and music flowed freely, binding everyone in a moment of shared joy and deep appreciation.

Spiritual Awakening in Thimphu

The following day brought the group to **Thimphu**, Bhutan's charming capital. A highlight of the visit was the trip to the grand ***Buddha Dordenma statue**—a sacred site that left the group awestruck.

Surrounded by the calm presence of the towering Buddha and the gentle mountain air, everyone felt a deep sense of spiritual connection. **Prayers were offered**, and many spoke of experiencing a divine energy that uplifted their hearts.

Laughter, Lightness, and Cultural Delight

The nights were as eventful as the days. One evening, the group gathered for **laughter exercises accompanied by music**—a unique and rejuvenating experience that brought smiles to every face.

The next morning began on a lively note with **light exercises** that energized the entire group. The shared laughter and morning stretches brought everyone even closer, sparking **joy and wellness** among all.

Later, they immersed themselves in Bhutan's vibrant culture.

From attending **traditional performances** to dancing with locals, the group experienced the soulful rhythm of Bhutan's heritage.

A Farewell Filled with Gratitude

As the trip came to a close, one thing was certain—this journey had touched every heart.

Whether it was the **spiritual serenity**, the ***bonding moments**, or the ***lively celebrations**, the experience left a lasting impact.

Many expressed heartfelt thanks and looked forward to more such **soulful getaways** in the future.

Bhutan gave the group **memories of a lifetime**—a perfect blend of **peace, fun, and unity**.

It was not just a tour, but a **celebration of life, friendship, and the spirit of togetherness**.

"Peace comes from within. Do not seek it without."

Gautama Buddha



Spiritual Awakening in Thimphu



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